

Fresh Salads

Chef Imani's Double Smoked Turkey (GF) (320 Cal, 19g Fat, 23g Protein)

Smoked turkey breast topped with shredded Swiss & cheddar, infused with cherry tomatoes, and tossed in a creamy ranch dressing on a fresh bed of romaine and spring mix greens

High
Protein!
23g



Val's Sweet & Spicy Thai Chicken (130 Cal, 2g Fat, 18g Protein)

Seasoned chicken breast, carrot, pepper, mushroom, and cherry tomato tossed in sweet & spicy Thai ginger dressing on a fresh bed of romaine and spring mix greens

Low
Fat!
2g



Dale's Chicken Caesar & Parmesan (273 Cal, 10g Fat, 29g Protein)

Chicken breast, cherry tomatoes, homemade focaccia croutons and parmesan cheese tossed in a creamy Caesar dressing on a fresh bed of romaine and field greens

High
Protein!
29g



Nick's Fetalicious Greek with Chicken (GF) (211 Cal, 7g Fat, 24g Protein)

Chicken breast, red peppers, banana peppers, cherry tomatoes, red onion, and kalamata olives topped with feta cheese and tossed in a creamy Greek dressing on a fresh bed of romaine and spring mix greens

Low
Calorie!
211 Cal



Nick's Vegetarian Thai Noodle Bowl (\$4.00)

Linguine, broccoli, green onion, red onion, red pepper, green pepper, celery, sweet chili sauce, and ginger vinaigrette

Fresh Snacks & Sides

Mediterranean Orzo & Feta Salad (12oz)

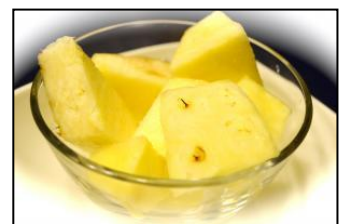
Chicken Mac Pasta Salad (12oz)

Fruit Cups (pineapple, grapes)

Detroit Food Academy's Mitten Bites (2-pack)

Friend's Farm to Table Potato Chips

Cynt-Sational Non-GMO Popcorn



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Fresh Corner Café L3C

"Nourishing Neighborhoods One Corner at a Time"

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Fresh Wraps

Aaron's Spicy Turkey Pepperjack (371 Calories, 10g Fat, 23g Protein)

Low Fat!
10g
Smoked turkey breast, mild peppers, pepperjack cheese, tomatoes, red onions, and romaine topped with a lite Tabasco Mayo and tucked inside a light fluffy lavash wrap



Imani's Smoked Turkey & Honey Dijon (281 Cal, 4g Fat, 18g Protein)

Low Calorie!
281 Cal
Smoked turkey breast, tomato, and fresh romaine dipped in honey Dijon mustard and tucked inside a hearty whole wheat lavash



Nick's Turkey Swiss & Pesto (387 Cal, 12g Fat, 26g Protein)

High Protein!
26g
Smoked turkey, Swiss cheese, tomato, and red onion tucked inside a fluffy lavash with basil pesto on the side



Val's Garlic & Herb Jerk Chicken (336 Cal, 4g Fat, 34g Protein)

Low Fat!
4g
Jamaican style chicken breast, tomato, red onion, and fresh romaine topped with a creamy garlic herb mayo and tucked inside a light fluffy garlic herb lavash



Dale's Chicken Tomato & Mozzarella (405 Cal, 10g Fat, 39g Protein)

High Protein!
39g
Seasoned Chicken breast, fresh mozzarella, spinach, tomato, and basil tucked inside a light fluffy lavash with a lite flavorful red pepper sauce on the side



Ken's Mozzarella Pesto Kingpin (V) (399 Cal, 19g Fat, 19g Protein)

Low Calorie!
399 Cal
Fresh buffalo mozzarella, roasted red peppers, red onions, and tomato slices slathered with basil pesto and tucked inside a light fluffy garlic herb lavash wrap



Noam's Spicy Feta & Hummus (V) (429 Cal, 15g Fat, 25g Protein)

High Protein!
25g
Spinach, banana pepper, carrot, and feta coated in our house-made hummus and tucked inside a fluffy garlic herb lavash.



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